

School Menus for January to April 2012

Please find below the school menus for the period Thursday 5th January to Thursday 5th April 2012. The menus rotate on a three weekly basis and the dates which apply can be found above each menu. Please keep the menus for reference. The menus can also be found on the school's website at www.hatchfordbrook.org.uk

Menu One: Week: 16th January/ 6th February/ 5th March/ 26th March

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Pie Beef Grill in a Bun Marinated Sweet Chilli & Quorn with Rice	Gammon Steak & Pineapple Beef Lasagne Vegetable Lasagne	Roast Chicken Breast Sage & Onion Stuffing Halal Chicken Spicy Bean Hotpot	Sweet & Sour Pork & Stir Fry Vegetables with Noodles Cheese & Tomato Pizza	Vegetable Tagliatelle Breaded Alaskan Salmon Fillet with Parsley Sauce Vegetable Country Bake
Jacket Potato Rice Tomato & Herb Bread	Diced Potatoes Garlic Bread	Oven Baked Dry Roasted Potatoes Sliced Wholemeal Bread	Jacket Potato Sliced Wholemeal Bread	Fresh Creamed Potatoes Garlic Bread
Peas/ Sweetcorn	Green Beans & Carrots	Seasonal Cabbage, Carrots & Gravy	Mixed Vegetable	Broccoli & Sweetcorn
Chocolate Oatcake Frozen Yoghurt	Fruit Muffin Apple & Orange Slices	Pineapple Upside Down Sponge with Custard Seasonal Fresh Fruit Salad	Flapjack with Pumpkin Seeds & Raisins Portion of Dried Apricots	Carrot Cake with Custard Bananas & Custard
Water Juice Drink	Water Milk Shake	Water	Water Milk Shake	Water
<p>Available daily:</p> <p style="text-align: center;">Jacket Potato Seasonal Salad Bar Seasonal Fruit Bowl Fruit Yoghurt Water</p> <div style="text-align: right;">  </div>				

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Menu Two: Week 23rd January/ 20th February/ 12th March/ 2nd April

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Con Carne Macaroni Cheese Vegetable Chilli Con Carne	Pork Meat Balls in Gravy Cheese & Tomato Pizza	Roast Pork with Apple Sauce Halal Chicken Tasty Bean Bake	Pasta King - Chicken Torino Beef Cottage Pie with Gravy Quorn Spaghetti Bolognaise	Pollock Fillet Fish Fingers Ratatouille with Pasta
Rice Crusty Bread	Diced Potato Lumpy Bumpy Bread	Oven Baked Dry Roasted Potatoes Sliced Wholemeal Bread	Fresh Mashed Potato Tomato & Herb Bread	Potato Wedges Sliced Wholemeal Bread
Mixed Vegetables	Peas & Sweetcorn	Seasonal Cabbage & Swede with Gravy	Broccoli & Carrots	Peas & Carrots
Ice Cream Sponge Roll	Angel Delight Tinned Fruit	Steamed Syrup Sponge with Custard Seasonal Fresh Fruit Salad	Honey Oat Bar Cheese & Grapes with Crackers	New Ice Cream Mix
Water Milk Shake	Water	Water	Water Milk Shake	Water Juice Drink
<p>Available daily:</p> <p style="text-align: center;">Jacket Potato Seasonal Salad Bar Seasonal Fruit Bowl Fruit Yoghurt Water</p> <div style="text-align: right;">  </div>				

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Menu Three: Week: 30th January/ 27th February/ 19th March/ 23rd April

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Spaghetti Bolognese	Chicken Curry with Rice	Roast Turkey and Chipolata Sausage	Breaded Salmon Nuggets	Cheese & Tomato Pizza
Deli Chicken Chunks in a Wrap	Pork Loin Steak with Gravy	Vegetable Lasagne	Baked Sausages	Breaded Alaskan Salmon Fillet with Parsley Sauce
Vegetable Risotto	Vegetable Curry with Rice	Halal Chicken	Vegetarian (Quorn) Sausage	Pasta King Vegetarian Bolognese
Potato Wedges	Fresh Creamed Potatoes	Roast Potatoes	Low Fat Chips	Potato Wedges
Garlic Bread	Naan Bread	Sage and onion Stuffing	Lumpy Bumpy Bread	Sliced Wholemeal Bread
Peas & Carrots	Broccoli & Carrots	Peas, Carrots and Brussels Sprouts with Gravy	Baked Beans & Mushy Peas	Peas & Sweetcorn
Wholemeal Fruit Scone	Melting Moments	Christmas Cool Delight Individual Ice Cream	Chelsea Bun	Chocolate Cake with Vanilla Sauce
Portion of Dried Fruit	Apple & Cheese with Crackers	Chocolate Cracknel Snowball	Apple & Orange Slices	
Water	Water	Water	Water	Water
Milk Shake	Juice Drink		Milk Shake	
<p>Available daily:</p> <p style="text-align: center;">Jacket Potato Seasonal Salad Bar Seasonal Fruit Bowl Fruit Yoghurt Water</p>				
				